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Waitrose

Your go-to #JustTuna brand for 2016

This is 100% sustainably sourced tuna using the pole-and-line method, meaning harm to other wildlife is minimised. Waitrose is truly dedicated to providing customers with equitable tuna – its policies protect local workers and communities as well as the environment. Outstanding!

2.



Marks & Spencer

Sustainability from sea to shelf

Marks & Spencer's tuna is 100% pole-and-line caught and has a very strong policy to ensure sea to shelf traceability of the fish. Marks & Spencer also scores highly for its efforts to drive positive change in the industry to develop more sustainable and equitable fishing. A definite #JustTuna brand.

Sainsbury's

A top tuna brand for 2016

Sainsbury's tuna is 100% pole-and-line caught and it has strong sustainability policies. It's a top #JustTuna brand for also ensuring its tuna is sourced fairly, meaning local workers and communities are protected. Sainsbury's is a model to others for its efforts to drive positive change in the tuna industry. Great work!

3.



Tesco

Great progress made by Tesco

Tesco does remarkably well on the traceability of its tuna from sea to shelf, which includes regular third-party audits. Tesco's tuna is 100% pole-and-line caught and it has a strong policy to avoid illegally caught fish. It's also good to see Tesco engaged in some initiatives that drive positive change in tuna fisheries.

4.



5.



Aldi

A strong new addition to the guide

Aldi's own 'Ocean Rise' brand sources only pole-and-line or free-school tuna (no destructive Fish Aggregating Devices are used), meaning 100% sustainable fishing methods and impacts on wildlife are minimised. However, Aldi should commit to avoiding overfished or problem stocks.

6.



Asda

Improvements made by Asda

Having recently met their commitment to source 100% sustainably caught tuna, Asda is now well on its way to moving up the league table. The supermarket could do more to avoid problem and overfished stocks, however, and to make more effort to drive positive change in tuna fisheries.

Morrisons

Sustainable... but can do better

Morrisons' tuna is 100% sustainable, but it could beef up its policies on avoiding illegally caught tuna, as well as avoiding vulnerable or overfished stocks. The supermarket could also publish its tuna sourcing policy on its website and do more to promote the most sustainable choices of tinned tuna in store.

7.



The Co-operative

Could be worse, should be better

The good news: The Co-operative's tuna is 100% caught using sustainable fishing methods. The bad news: it needs stronger policies to actively avoid illegally caught fish and ensure the protection of local workers. The supermarket should also do more to help customers choose wisely in-store.

8_



9_



Lidl

Good in places, but not sustainable

Although it performs well in areas like traceability from sea to shelf, Lidl's own brand 'NiXe' tuna is not good for the environment. Nearly 80% of its tuna is caught in nets using destructive Fish Aggregating Devices. Lidl must commit to stop sourcing tuna caught using this method.

10.



Princes

Good for workers, poor sustainability

Princes has broken its promises and is not a #JustTuna brand. Only a quarter of its tuna is pole-and-line or free-school-caught, despite its commitment to source 100% sustainable tuna by the end of 2014. Traceability from sea to shelf is commendable, but there could be more information on tins to allow customers to make the most informed choices.

John West

Unsustainable and harms marine life

Rock bottom on sustainability. More than 98% of John West's tuna is caught using destructive fishing methods that harm wildlife like sharks, turtles and rays. This signals little intention to meet its commitment to source 100% sustainable tuna by the end of 2016. Whilst it does well in some other areas, it can't hide behind its shockingly poor environmental record.

11.



What you can do

- Choose brands at the top of the league table
- Share this guide with friends and family
- Tweet pictures of your #JustTuna choices
- Get involved with the campaign at tuna.greenpeace.org.uk

Turn over to learn the dark secrets in your can of tuna....

